

CHAPTER 13

Discussion with spirit guide
**Johnny Carson hosts
“The Astral Show”**

JOHNNY CARSON: We’re back everybody!

[The audience cheers.]

JOHNNY CARSON: I’d like to set the scenario for you all! I’m sitting at my desk with my microphone. Dr. Frick is sitting two seats down to my right and our guest star will sit in between us.

Some of you. . . (laughing) I’m not going to say “old folks,” but we’re getting to that point now as of this publication. . . . Some of you may remember the days before television when radio was so popular. During those days a lot more was left to the imagination.

What I'm trying to say is that even though most of you (supposedly) can't see me, I'm hoping that you feel that I'm putting on a show for you from the after-life—and I really am! If you want to visualize me as sitting behind my desk with my studio audience watching and. . . (laughing) You readers out there could think of yourselves as my “television” (or “radio”) audience.

And so you see I'm in many ways (legitimately) putting on the same type of show that I did as “Johnny Carson”—with some obvious differences. For one, I don't have to worry about my hairline receding any more than it had when I was a human being.

[He laughs.]

That was a problem I had over the years as “Johnny Carson.” Some of you may remember that in 1970, I had a full head of hair and it almost vanished by the time I was 60 years old. . . and so you people got to watch me grow up before your eyes.

[Some of the audience laughs.]

GF: Ron Howard has got nothing on you!

[Some of the audience laughs.]

JOHNNY CARSON (laughing): Good one, Gary! . . . For those of you who don't remember, Ron Howard played the part of “little Opre” on “The Andy Griffith Show,” and then he became “Richie Cunningham” ten years later.

[He laughs.]

And now he is shining shoes for a living!

[Some of the audience laughs.]

GF: Actually, Johnny—he is a very successful movie director.

JOHNNY CARSON (laughing): How about that! Some of those child stars actually do succeed as adults. As for me, I had kind of a late puberty. That's why so many of you remember my voice cracking in the 1960's. And you all thought that it was caused by my smoking! That shows how much you all know, huh?

[Some of the audience laughs. Johnny Carson then laughs, and the entire audience laughs.]

JOHNNY CARSON (laughing): Only laugh if you mean it folks! Don't worry about my feelings because I don't have any!

[The audience makes the “ahhhh” noise.]

GF: Is this audience for real?

JOHNNY CARSON (laughing): We're really doing the best we can, people. Please believe me. Ha, ha, ha, ha.

GF: I believe that you are!

JOHNNY CARSON (still laughing): At least somebody does! . . . The “problem” you are picking up on Gary, is that your spiritual guides have a far more intimate relationship with you than you could possibly conceive of. That's why it is difficult for them to put themselves in a position of being an “audience.”

[He makes a “so-so” sign.]

It would kind of be like if somebody in your family were to pretend to you that they barely knew you. It's both funny and sad at the same time.

[He sighs.]

Your world can be such a lonely place. It has to be that way and yet it doesn't really have to.

GF: I was wondering if you still crave cigarettes in the afterlife.

JOHNNY CARSON (laughing): Ahh, another serious topic—just what I need. . . . You know Dr. Frick, they really do have hospitals in the astral dimension.

GF: By astral dimension, you are speaking of the fourth dimension (or what could be considered the “afterlife”).

[He nods.]

JOHNNY CARSON: You know, I did have to spend some time in a few hospitals—mainly as a result of my smoking. Whatever discomfort I felt was marginal. I wasn't suffering terribly—the terrible suffering that I experienced came when I was a human being and my lungs started failing.

I think there is a lesson to be learned here. If you smoke, you may pay the price with lung cancer or emphysema, and then you may have to visit hospitals after you pass over into the afterlife!

I'm not putting you on folks; I'm really trying to convince you all to stop smoking the only way that I know how—with the Truth.

[The audience cheers LOUDLY.]

GF: I know that I've visited those hospitals in the dream state.

JOHNNY CARSON (laughing): Let's face it, you've visited astral hospitals while you were in the waking state, but you're afraid to admit it! I certainly understand why.

GF: What did I do to deserve that?

JOHNNY CARSON ("shrugging his shoulders"): Not much. Sometimes people have to go through tough times before life gets better. . . . And I want you to know, Gary, that many of your experiences are not as unique as you think they are.

[The audience cheers.]

JOHNNY CARSON: You've noticed before that even though spirituality is not all that respected in modern day psychiatry. . . . Most people have had experiences before with some similarities to yours. Whether or not they are willing to admit the veracity of those experiences is another matter entirely. There is a great deal of truth to the philosophy that "everybody is psychic in their own way."

[The audience cheers.]

Some people are perhaps more "psychically in tune" than others, but you'd be surprised at how similar people are in general. . . (laughing) that's why even I have a great deal of respect for the works of Sigmund Freud and such people.

GF: Are you speaking of "Sigmund Freud" when he was a person?

[He nods.]

JOHNNY CARSON: Yes, I'm talking about the writings of Sigmund Freud (the person). Even though he basically eliminated spirituality from the equation—at least he had the sense to realize that people are generally the same when you really get down to it.

[The audience cheers.]

GF (impatiently): Are we going to have any guests on your show?

[Johnny Carson gives the audience a blank, silly stare, and the audience laughs.]

JOHNNY CARSON: Boy, we're being impatient today, aren't we? Whose show do you think it is?

GF: It's ultimately my circus—I mean my show. I'm holding the pen, aren't I?

[Johnny Carson gives me a blank, silly stare, and then laughs. He then motions to knock the pen out of my hand.]

JOHNNY CARSON: Darn it! I missed!

[The audience laughs.]

JOHNNY CARSON: Maybe I ought to get in the habit of wearing gloves.

[Only some of his audience laughs.]

JOHNNY CARSON: Don't you get it people? If I wear gloves then I could be like the Invisible Man and. . . Ahh, what's the use? We'll be back in a few

moments of time with Senator Robert Kennedy!

[The audience cheers.]

GF: Do you even experience “time?”

JOHNNY CARSON: No, not really! Ha, ha, ha.

[The audience continues to cheer.]